



**WEEKLY ACTIVITIES  
DURING THE MONTH OF  
AUGUST WILL BE VIRTUAL  
(ONLINE) ONLY - EXCEPT  
PING PONG**

**FOR ALL TELEVEDA ACTIVITIES  
THE WEB ADDRESS IS:**

- [live.televeda.com](http://live.televeda.com)

**THE ACCESS CODE IS:**

- **CHANDLER-REC-CONNECTED**

**TEL = Televeda**

**CC = Community Center**

**ZOO = Zoom**

**Facebook = FB**

#### **MONDAY**

- 8 a.m. Ping Pong - CC
- 9 a.m. Yoga - TEL
- 2:30 p.m. Sr. Drawing - TEL
- 4 p.m. Ping Pong - CC

#### **TUESDAY**

- 12 p.m. Sr. Water Color - TEL

#### **WEDNESDAY**

- 8 a.m. Ping Pong - CC
- 2 p.m. Bingo - TEL
- 5 p.m. All Levels Yoga - TEL

#### **THURSDAY**

- 8 a.m. Ping Pong - CC
- 8 a.m. Gentle Yoga - TEL
- 3 p.m. Name That Tune - TEL

#### **FRIDAY**

- 8:30 a.m. Coffee Chat - ZOO
- 9:30 a.m. Charades - ZOO
- 10:30 a.m. Musical Bingo - ZOO
- 1 p.m. Entertainment - FB

## **SENIOR CENTER/COMMUNITY CENTER EVENTS — OCTOBER 2020**

202 E. Boston St. Chandler AZ 85286 • 480-782-2720 • [chandleraz.gov/senior-adults](http://chandleraz.gov/senior-adults) • Monday-Friday 8 a.m.-5 p.m.

<b>MON</b>	<b>TUE</b>	<b>WED</b>	<b>THUR</b>	<b>FRI</b>
<p><b>*Please note at this time all classes during the month of October will be Virtual (online) - Except Ping Pong</b></p>			<p><b>1</b> 8 a.m. Ping Pong 8 a.m. Gentle Yoga 3 p.m. Name That Tune (50's) Trivia</p>	<p><b>2</b></p>
<p><b>5</b> 8 a.m. Ping Pong 9 a.m. Yoga 2:30 p.m. Sr. Drawing 4 p.m. Ping Pong</p>	<p><b>6</b> 12 p.m. Sr. Watercolor</p>	<p><b>7</b> 8 a.m. Ping Pong 2 p.m. Bingo 5 p.m. All Levels Yoga</p>	<p><b>8</b> 8 a.m. Ping Pong 8 a.m. Gentle Yoga 3 p.m. Name That Tune (60's) Trivia</p>	<p><b>9</b> 8:30 a.m. Coffee Chat 9:30 a.m. Charades 10:30 a.m. Musical Bingo (60's) 1 p.m. Entertainment (Ron Butler)</p>
<p><b>12</b> 8 a.m. Ping Pong 9 a.m. Yoga 2:30 p.m. Sr. Drawing 4 p.m. Ping Pong</p>	<p><b>13</b> 12 p.m. Sr. Watercolor</p>	<p><b>14</b> 8 a.m. Ping Pong 2 p.m. Bingo 5 p.m. All Levels Yoga</p>	<p><b>15</b> 8 a.m. Ping Pong 8 a.m. Gentle Yoga 3 p.m. Name That Tune (70's) Trivia</p>	<p><b>16</b> 8:30 a.m. Coffee Chat 9:30 a.m. Charades 10:30 a.m. Musical Bingo (70's) 1 p.m. Entertainment (Ken Levine)</p>
<p><b>19</b> 8 a.m. Ping Pong 9 a.m. Yoga 2:30 p.m. Sr. Drawing 4 p.m. Ping Pong</p>	<p><b>20</b> 12 p.m. Sr. Watercolor</p>	<p><b>21</b> 8 a.m. Ping Pong 2 p.m. Bingo 5 p.m. All Levels Yoga</p>	<p><b>22</b> 8 a.m. Ping Pong 8 a.m. Gentle Yoga 3 p.m. Name That Tune (50's) Trivia</p>	<p><b>23</b> 8:30 a.m. Coffee Chat 9:30 a.m. Charades 10:30 a.m. Musical Bingo (60's) 1 p.m. Entertainment (Jay Ferris)</p>
<p><b>26</b> 8 a.m. Ping Pong 9 a.m. Yoga 2:30 p.m. Sr. Drawing 4 p.m. Ping Pong</p>	<p><b>27</b> 12 p.m. Sr. Watercolor</p>	<p><b>28</b> 8 a.m. Ping Pong 2 p.m. Bingo 5 p.m. All Levels Yoga</p>	<p><b>29</b> 8 a.m. Ping Pong 8 a.m. Gentle Yoga 3 p.m. Name That Tune (60's) Trivia</p>	<p><b>30</b> 8:30 a.m. Coffee Chat 9:30 a.m. Charades 10:30 a.m. Musical Bingo (70's)</p>

**DISCOVER.**

**IMAGINE.**

**GROW.**



The suggested contribution for those 60 and above and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

### AZCEND Senior Nutrition Program Manager:

Kelly Delgado  
480-782-2721

### Outreach Specialist:

Lisa Price  
480-503-6061

### Home Delivered Meals:

Caroline Sepulveda  
480-503-6058

### Transportation:

Para Transit: 602-716-2200  
Ride Choice: 602-716-2100

### Senior HELP Line:

602-264-4357

### EMPACT Counseling:

480-784-1514 EXT. 1219

### Housing Assistance:

480-782-3200

### Tony Baumann - Facility Mgr.:

480-782-2722

## LUNCH MENU - OCTOBER 2020

MENUS ARE SUBJECT TO CHANGE. LUNCH IS SERVED AT 11:30 A.M. M-F.

MON	TUE	WED	THUR	FRI
			<b>1</b> Chicken A La King Baby Carrots Corn & Peas Pineapple	<b>2</b> Cheese Burger Spinach Seasoned Potatoes Tropical Fruit
<b>5</b> Lemon Tilapia Haricot Verts Stewed Tomatoes Apple	<b>6</b> Cheese Tortellini Cauliflower Lyonnaise Carrots Spiced Pears	<b>7</b> Stuffed Cabbage California Blend Sweet Potatoes Orange	<b>8</b> Turkey Sandwich Mashed Potatoes Carrots Cranberry Applesauce	<b>9</b> Chicken Cornbread Casserole Malibu Vegetables Roasted Corn Peaches
<b>12</b> Pizza Bottled Water	<b>13</b> Beef Taco Rancho Blend Calbacita Pineapple	<b>14</b> Garden Burger Au Gratin Potatoes Chuckwagon Corn Apricot	<b>15</b> Grilled Chicken Pasta Red Peppers Squash Orange	<b>16</b> Sausage Gravy w/ Biscuit Spinach Sweet Potatoes Strawberries w/ Yogurt
<b>19</b> Italian Chicken Vegetables Broccoli Peaches	<b>20</b> Beer- Battered Cod Coleslaw French Fries Tropical Fruit	<b>21</b> Beef Bourguignon Bermuda Blend Cauliflower Plums	<b>22</b> Ribette Sweet Potato Mashed Peas and Carrots Mandarin Oranges	<b>23</b> Vegetable Lasagna Broccoli Salad Caesar Salad Apple
<b>26</b> Chuck Roast Redskin Potatoes Carrots and Onions Poached Pears	<b>27</b> Chicken Salad Sandwich Vegetable Soup Spinach Salad Fruit Salad	<b>28</b> Teriyaki Pork Oriental Blend Bok Choy Pineapple	<b>28</b> Gnocchi w/ Meat Sauce Baby Carrots Succotash Applesauce	<b>30</b> Salmon Patty Broccoli Stewed Tomatoes Mixed Berries w/ Yogurt



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